

"Solutions usually arise when we allow a wider view.
Instead of looking at ourselves, at our desires and at what we consider to be
our problems and injuries, or even our dreams,
we look at our parents and our families, our kinship group, and our antecedents.
Suddenly we are bound up in something else, together with many others,
and whatever it was that once seemed dreadful or caused us suffering,
assumes its proper place within the greater whole."

P.S. No Waves Without the Ocean



WE NEED TO LOVE AND BE LOVED.

We seek to form relationships with other human beings because we instinctively know we cannot and do not exist in isolation. We are inextricably linked to those around us and in our environment. This need to connect is not limited to us alone in this present lifetime. Our past, our ancestors can and do influence the way we live our lives today. These influences manifest themselves in many ways that elude us.



QUESTIONS YOU MIGHT CONSIDER

- Q 1. What are you yearning for?
- Q 2. What issue is most affecting you and how it impacts on your life and relationships?
- Q 3. What would it mean for you and your relationships if this issue were to be resolved?
- Q 4. What important events occurred back in your family of origin up to 3-4 generations ago. Perhaps premature deaths, migration, war, adoptions, illnesses and accidents etc. etc.

TAKE A FAMILY CONSTELLATION JOURNEY

In general, people consider therapy because they have a problem - it might be with family and personal relationships; career and finances or because of depression and psychological pain like anxiety, OCD and addictions.



Family
REVEAL YOUR PAST
Constellation
- EXPLORE YOUR PRESENT -
Journey
EXPAND YOUR FUTURE

THE FAMILY CONSTELLATION METHOD

...pioneered by Bert hellinger, approaches such problems from a broader perspective, proposing a 'Systemic Conscience' or 'Order of Love' that, if disrupted, can create estrangements or blockages to the ancestral flow of love. This can create problems in the following generations that seem impossible to shift. Release from these burdens equips us to agree to life as it is, and to freely face the ups and downs fate hands out.



REGISTER FOR A FAMILY CONSTELLATION JOURNEY

DATES - 2026: Feb.01 - March 22 - May 31-

Sep13 - Nov.15

TIMES: Sunday - 9.30am - 5.00pm

VENUE: 158 Hawthorn Rd. Caulfield Nth. 3161

COST: \$80.00 per person

(Morning tea provided Lunch out @ local cafes and caulfield Park

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